

If you have trouble viewing this email, add us to your safe senders list or try opening the email in your browser.



Curriculum Corner

As February comes to a close, students are finishing up their Building Study. March will bring the start of Spring, so soon our Reduce, Reuse, Recycle Study will begin!



Students at our Royersford center participating in the Building Study

Family Wellness

Enhancing sleep quality is one of the many benefits that outdoor play has for children and families. Click below to read more about the positive impacts of outdoor play!

[Read it here!](#)



CHILDREN WHO PLAY OUTSIDE SLEEP BETTER AT NIGHT!



Discussing Development

Screen time is something that has become a big part of children's lives due to the technological advances within society. Click below to read about its impact on development, and to learn ways to nurture a healthy relationship with technology for your child.



SCREEN TIME & PLAY



[Read the blog post here!](#)

ANNUAL ZOO FAMILY NIGHT TICKETS ARE NOW ON SALE!

Head to our event page to learn more and purchase your tickets!

[Click here to visit the zoo event page!](#)

Upcoming Events & Important Dates

3/17/2023: St. Patrick's Day... stay tuned for a special announcement!

Stay up to date by following us on social media!



Click here to view our
link.tree!

If you have trouble viewing this email, add us to your safe senders list or try opening the email in your browser.

Play & Learn | 200 Camp Hill Rd, Fort Washington, PA 19034

[Unsubscribe nvetter@playandlearn.com](mailto:nvetter@playandlearn.com)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by nvetter@playandlearn.com powered by



Try email marketing for free today!