



# Ardmore Family Newsletter

## April 2020

### Director's Corner

Dear Families,

Recently, our school made the difficult decision to temporarily close due to the pandemic we are all experiencing. Rest assured, however, that our commitment to your child's development, learning, health, and safety remains unchanged. As you work to make appropriate preparations for your family, including decisions around how best to support your child during this time, please know we are here to help.

### What you can do at home with your child:

#### **Encourage conversations about what's happening.**

Your child likely has questions about why he/she isn't going to school. It's important to encourage him/her to ask questions and provide enough detail to make him/her feel informed, reassured, and safe. I recommend asking your child daily how he's/she's feeling and encourage you to validate his/her feelings while providing reassurance. Remember that children often express themselves better when talking about story characters or creating art than they do through direct questioning, so be on the lookout for all kinds of messages your child may send.

#### **Focus on having fun and bonding as a family.**

Talk to your child about the things you enjoyed most as a young child—and then do them together! Singing and dancing, snuggling up to share a favorite children's book or movie, playing with dress-up clothes, or building a fort from couch cushions have been popular activities with generations of children for a reason. Quite simply, they're fun, they're easy, and they are sure to spark your child's imagination.

We look forward to sharing additional strategies to support you and your child during this time. I also encourage you to follow our partner, Teaching Strategies, on their social media pages for even more tips, ideas, and strategies.

### What's Happening at Our Center

We would like to thank you for your participation in the Gertrude Hawk candy sale. Funding from these activities helps with lowering the cost of educational and fun events your child experiences throughout the year.

### Week of the Young Child

Play & Learn will celebrate Week of the Young Child from April 11th - April 17th. Week of the Young Child recognizes the needs of young children and thanks educators and others involved in building better futures for all children. This year's themes include: Music Monday, Tasty Tuesday, Work Together Wednesday, Artsy Thursday and Family Friday.

### Camp Kaleidoscope - A Summer Adventure!

We are very excited for our summer program to begin June 22nd. Every week there will be special theme activities, water play, picnic lunches and in-house trips. More details to follow.